



Leadership Value Tracker

Reclaim your impact. Redefine your worth.

Use this one-page worksheet to remind yourself of the value you bring—even when others overlook it.

SECTION 1: Document Your Wins

List 3–5 recent accomplishments—**tangible outcomes, key decisions, or behind-the-scenes efforts** that made a difference.

1. _____
2. _____
3. _____
4. _____
5. _____

Now underline any that *didn't* get formal recognition. This is your **invisible labor**—and it still counts.


SECTION 2: Define “Enough” for Yourself

Answer the following:

What does successful leadership look like to *me*?

What values do I want to lead by—no matter the outcome?

How do I want my team to feel because of how I lead?

 *Tip:* Use these responses to check whether you’re chasing someone else’s version of “enough”—or living your own.

SECTION 3: Your Personal Leadership Scoreboard

Rate yourself (1–5) on how aligned you feel this week:

Area	Score (1–5)	Notes
Integrity	_____	_____
Clarity	_____	_____
Team Development	_____	_____
Boundaries	_____	_____
Courage	_____	_____


 *Which area needs attention?*

SECTION 4: Reminder to Self

Complete the following statement:

Even when others don’t acknowledge me, I know my leadership matters because:

Put this somewhere visible. Say it out loud when “not enough” creeps in.

 **Use this tracker weekly or monthly** to ground yourself in the reality of your value—not just the perception of others.